|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **December 28, 20XX - January 3, 20XX Week 53** | | | | | | | | | | | | | | | | | |  | | | |
| **Monday 28** | | | Tuesday 29 | | | Wednesday 30 | | | Thursday 31 | | | **Friday 1** | | | **Saturday 2** | | | | **Sunday 3** | | |
| 6 | 00 | **Substitute day** | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 | **New Year's Day** | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | |  |  |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 1 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **January 4 - 10, 20XX Week 1** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 4 | | | Tuesday 5 | | | Wednesday 6 | | | Thursday 7 | | | Friday 8 | | | **Saturday 9** | | | | **Sunday 10** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 2 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **January 11 - 17, 20XX Week 2** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 11 | | | Tuesday 12 | | | Wednesday 13 | | | Thursday 14 | | | Friday 15 | | | **Saturday 16** | | | | **Sunday 17** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 3 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **January 18 - 24, 20XX Week 3** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 18 | | | Tuesday 19 | | | Wednesday 20 | | | Thursday 21 | | | Friday 22 | | | **Saturday 23** | | | | **Sunday 24** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 4 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **January 25 - 31, 20XX Week 4** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 25 | | | Tuesday 26 | | | Wednesday 27 | | | Thursday 28 | | | Friday 29 | | | **Saturday 30** | | | | **Sunday 31** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 5 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **February 1 - 7, 20XX Week 5** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 1 | | | Tuesday 2 | | | Wednesday 3 | | | Thursday 4 | | | Friday 5 | | | **Saturday 6** | | | | **Sunday 7** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 6 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **February 8 - 14, 20XX Week 6** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 8 | | | Tuesday 9 | | | Wednesday 10 | | | Thursday 11 | | | Friday 12 | | | **Saturday 13** | | | | **Sunday 14** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 7 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **February 15 - 21, 20XX Week 7** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 15 | | | Tuesday 16 | | | Wednesday 17 | | | Thursday 18 | | | Friday 19 | | | **Saturday 20** | | | | **Sunday 21** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 8 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **February 22 - 28, 20XX Week 8** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 22 | | | Tuesday 23 | | | Wednesday 24 | | | Thursday 25 | | | Friday 26 | | | **Saturday 27** | | | | **Sunday 28** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 9 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **February 29 - March 6, 20XX Week 9** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 29 | | | Tuesday 1 | | | Wednesday 2 | | | Thursday 3 | | | Friday 4 | | | **Saturday 5** | | | | **Sunday 6** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 10 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **March 7 - 13, 20XX Week 10** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 7 | | | Tuesday 8 | | | Wednesday 9 | | | Thursday 10 | | | Friday 11 | | | **Saturday 12** | | | | **Sunday 13** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 11 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **March 14 - 20, 20XX Week 11** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 14 | | | Tuesday 15 | | | Wednesday 16 | | | Thursday 17 | | | Friday 18 | | | **Saturday 19** | | | | **Sunday 20** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 12 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **March 21 - 27, 20XX Week 12** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 21 | | | Tuesday 22 | | | Wednesday 23 | | | Thursday 24 | | | **Friday 25** | | | **Saturday 26** | | | | **Sunday 27** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 | **Good Friday** | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 13 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **March 28 - April 3, 20XX Week 13** | | | | | | | | | | | | | | | | | |  | | | |
| **Monday 28** | | | Tuesday 29 | | | Wednesday 30 | | | Thursday 31 | | | Friday 1 | | | **Saturday 2** | | | | **Sunday 3** | | |
| 6 | 00 | **Easter Monday** | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 14 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **April 4 - 10, 20XX Week 14** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 4 | | | Tuesday 5 | | | Wednesday 6 | | | Thursday 7 | | | Friday 8 | | | **Saturday 9** | | | | **Sunday 10** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 15 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **April 11 - 17, 20XX Week 15** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 11 | | | Tuesday 12 | | | Wednesday 13 | | | Thursday 14 | | | Friday 15 | | | **Saturday 16** | | | | **Sunday 17** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 16 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **April 18 - 24, 20XX Week 16** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 18 | | | Tuesday 19 | | | Wednesday 20 | | | Thursday 21 | | | Friday 22 | | | **Saturday 23** | | | | **Sunday 24** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 17 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **April 25 - May 1, 20XX Week 17** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 25 | | | Tuesday 26 | | | Wednesday 27 | | | Thursday 28 | | | Friday 29 | | | **Saturday 30** | | | | **Sunday 1** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 18 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **May 2 - 8, 20XX Week 18** | | | | | | | | | | | | | | | | | |  | | | |
| **Monday 2** | | | Tuesday 3 | | | Wednesday 4 | | | Thursday 5 | | | Friday 6 | | | **Saturday 7** | | | | **Sunday 8** | | |
| 6 | 00 | **Early May Bank Holiday (May Day)** | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 19 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **May 9 - 15, 20XX Week 19** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 9 | | | Tuesday 10 | | | Wednesday 11 | | | Thursday 12 | | | Friday 13 | | | **Saturday 14** | | | | **Sunday 15** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 20 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **May 16 - 22, 20XX Week 20** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 16 | | | Tuesday 17 | | | Wednesday 18 | | | Thursday 19 | | | Friday 20 | | | **Saturday 21** | | | | **Sunday 22** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 21 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **May 23 - 29, 20XX Week 21** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 23 | | | Tuesday 24 | | | Wednesday 25 | | | Thursday 26 | | | Friday 27 | | | **Saturday 28** | | | | **Sunday 29** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 22 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **May 30 - June 5, 20XX Week 22** | | | | | | | | | | | | | | | | | |  | | | |
| **Monday 30** | | | Tuesday 31 | | | Wednesday 1 | | | Thursday 2 | | | Friday 3 | | | **Saturday 4** | | | | **Sunday 5** | | |
| 6 | 00 | **Spring Bank Holiday** | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 23 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **June 6 - 12, 20XX Week 23** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 6 | | | Tuesday 7 | | | Wednesday 8 | | | Thursday 9 | | | Friday 10 | | | **Saturday 11** | | | | **Sunday 12** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 24 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **June 13 - 19, 20XX Week 24** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 13 | | | Tuesday 14 | | | Wednesday 15 | | | Thursday 16 | | | Friday 17 | | | **Saturday 18** | | | | **Sunday 19** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 25 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **June 20 - 26, 20XX Week 25** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 20 | | | Tuesday 21 | | | Wednesday 22 | | | Thursday 23 | | | Friday 24 | | | **Saturday 25** | | | | **Sunday 26** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 26 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **June 27 - July 3, 20XX Week 26** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 27 | | | Tuesday 28 | | | Wednesday 29 | | | Thursday 30 | | | Friday 1 | | | **Saturday 2** | | | | **Sunday 3** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 27 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **July 4 - 10, 20XX Week 27** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 4 | | | Tuesday 5 | | | Wednesday 6 | | | Thursday 7 | | | Friday 8 | | | **Saturday 9** | | | | **Sunday 10** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 28 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **July 11 - 17, 20XX Week 28** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 11 | | | Tuesday 12 | | | Wednesday 13 | | | Thursday 14 | | | Friday 15 | | | **Saturday 16** | | | | **Sunday 17** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 29 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **July 18 - 24, 20XX Week 29** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 18 | | | Tuesday 19 | | | Wednesday 20 | | | Thursday 21 | | | Friday 22 | | | **Saturday 23** | | | | **Sunday 24** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 30 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **July 25 - 31, 20XX Week 30** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 25 | | | Tuesday 26 | | | Wednesday 27 | | | Thursday 28 | | | Friday 29 | | | **Saturday 30** | | | | **Sunday 31** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 31 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **August 1 - 7, 20XX Week 31** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 1 | | | Tuesday 2 | | | Wednesday 3 | | | Thursday 4 | | | Friday 5 | | | **Saturday 6** | | | | **Sunday 7** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 32 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **August 8 - 14, 20XX Week 32** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 8 | | | Tuesday 9 | | | Wednesday 10 | | | Thursday 11 | | | Friday 12 | | | **Saturday 13** | | | | **Sunday 14** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 33 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **August 15 - 21, 20XX Week 33** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 15 | | | Tuesday 16 | | | Wednesday 17 | | | Thursday 18 | | | Friday 19 | | | **Saturday 20** | | | | **Sunday 21** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 34 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **August 22 - 28, 20XX Week 34** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 22 | | | Tuesday 23 | | | Wednesday 24 | | | Thursday 25 | | | Friday 26 | | | **Saturday 27** | | | | **Sunday 28** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 35 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **August 29 - September 4, 20XX Week 35** | | | | | | | | | | | | | | | | | |  | | | |
| **Monday 29** | | | Tuesday 30 | | | Wednesday 31 | | | Thursday 1 | | | Friday 2 | | | **Saturday 3** | | | | **Sunday 4** | | |
| 6 | 00 | **August Bank Holiday** | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 36 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **September 5 - 11, 20XX Week 36** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 5 | | | Tuesday 6 | | | Wednesday 7 | | | Thursday 8 | | | Friday 9 | | | **Saturday 10** | | | | **Sunday 11** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 37 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **September 12 - 18, 20XX Week 37** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 12 | | | Tuesday 13 | | | Wednesday 14 | | | Thursday 15 | | | Friday 16 | | | **Saturday 17** | | | | **Sunday 18** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 38 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **September 19 - 25, 20XX Week 38** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 19 | | | Tuesday 20 | | | Wednesday 21 | | | Thursday 22 | | | Friday 23 | | | **Saturday 24** | | | | **Sunday 25** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 39 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **September 26 - October 2, 20XX Week 39** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 26 | | | Tuesday 27 | | | Wednesday 28 | | | Thursday 29 | | | Friday 30 | | | **Saturday 1** | | | | **Sunday 2** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 40 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **October 3 - 9, 20XX Week 40** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 3 | | | Tuesday 4 | | | Wednesday 5 | | | Thursday 6 | | | Friday 7 | | | **Saturday 8** | | | | **Sunday 9** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 41 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **October 10 - 16, 20XX Week 41** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 10 | | | Tuesday 11 | | | Wednesday 12 | | | Thursday 13 | | | Friday 14 | | | **Saturday 15** | | | | **Sunday 16** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 42 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **October 17 - 23, 20XX Week 42** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 17 | | | Tuesday 18 | | | Wednesday 19 | | | Thursday 20 | | | Friday 21 | | | **Saturday 22** | | | | **Sunday 23** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 43 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **October 24 - 30, 20XX Week 43** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 24 | | | Tuesday 25 | | | Wednesday 26 | | | Thursday 27 | | | Friday 28 | | | **Saturday 29** | | | | **Sunday 30** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 44 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **October 31 - November 6, 20XX Week 44** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 31 | | | Tuesday 1 | | | Wednesday 2 | | | Thursday 3 | | | Friday 4 | | | **Saturday 5** | | | | **Sunday 6** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 45 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **November 7 - 13, 20XX Week 45** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 7 | | | Tuesday 8 | | | Wednesday 9 | | | Thursday 10 | | | Friday 11 | | | **Saturday 12** | | | | **Sunday 13** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 46 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **November 14 - 20, 20XX Week 46** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 14 | | | Tuesday 15 | | | Wednesday 16 | | | Thursday 17 | | | Friday 18 | | | **Saturday 19** | | | | **Sunday 20** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 47 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **November 21 - 27, 20XX Week 47** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 21 | | | Tuesday 22 | | | Wednesday 23 | | | Thursday 24 | | | Friday 25 | | | **Saturday 26** | | | | **Sunday 27** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 48 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **November 28 - December 4, 20XX Week 48** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 28 | | | Tuesday 29 | | | Wednesday 30 | | | Thursday 1 | | | Friday 2 | | | **Saturday 3** | | | | **Sunday 4** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 49 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **December 5 - 11, 20XX Week 49** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 5 | | | Tuesday 6 | | | Wednesday 7 | | | Thursday 8 | | | Friday 9 | | | **Saturday 10** | | | | **Sunday 11** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 50 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **December 12 - 18, 20XX Week 50** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 12 | | | Tuesday 13 | | | Wednesday 14 | | | Thursday 15 | | | Friday 16 | | | **Saturday 17** | | | | **Sunday 18** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 51 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **December 19 - 25, 20XX Week 51** | | | | | | | | | | | | | | | | | |  | | | |
| Monday 19 | | | Tuesday 20 | | | Wednesday 21 | | | Thursday 22 | | | Friday 23 | | | **Saturday 24** | | | | **Sunday 25** | | |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 | **Christmas Day** |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 52 Data provided ‘as is’ without warranty | | | | | | |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **December 26, 20XX - January 1, 2017 Week 52** | | | | | | | | | | | | | | | | | |  | | | |
| **Monday 26** | | | **Tuesday 27** | | | Wednesday 28 | | | Thursday 29 | | | Friday 30 | | | **Saturday 31** | | | | **Sunday 1** | | |
| 6 | 00 | **Boxing Day** | 6 | 00 | **Substitute day** | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 | **New Year's Day** |
| AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | AM | 30 |  | | AM | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | 12 | 00 |  | | 12 | 00 |  |
| PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | PM | 30 |  | | PM | 30 |  |
| 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | 1 | 00 |  | | 1 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | 2 | 00 |  | | 2 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | 3 | 00 |  | | 3 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | 4 | 00 |  | | 4 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | 5 | 00 |  | | 5 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | 6 | 00 |  | | 6 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | 7 | 00 |  | | 7 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | 8 | 00 |  | | 8 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | 9 | 00 |  | | 9 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | 10 | 00 |  | | 10 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | 11 | 00 |  | | 11 | 00 |  |
|  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  |  | 30 |  | |  | 30 |  |
| XX | | | | | |  |  |  |  |  |  |  |  |  | Page 53 Data provided ‘as is’ without warranty | | | | | | |