**BLOOD SUGAR**

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| **Date** | [MM/DD/YYYY] | [MM/DD/YYYY] | [MM/DD/YYYY] | [MM/DD/YYYY] | [MM/DD/YYYY] | [MM/DD/YYYY] | [MM/DD/YYYY] | [MM/DD/YYYY] | [MM/DD/YYYY] | [MM/DD/YYYY] | [MM/DD/YYYY] | [MM/DD/YYYY] | [MM/DD/YYYY] | [MM/DD/YYYY] | [MM/DD/YYYY] | [MM/DD/YYYY] | [MM/DD/YYYY] | [MM/DD/YYYY] | [MM/DD/YYYY] | [MM/DD/YYYY] |
| **Blood Sugar** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Grams Carb** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Insulin** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Phys. Activity** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Notes** |  | | | | | | | | | | | | | | | | | | | |

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| **Date** | [MM/DD/YYYY] | [MM/DD/YYYY] | [MM/DD/YYYY] | [MM/DD/YYYY] | [MM/DD/YYYY] | [MM/DD/YYYY] | [MM/DD/YYYY] | [MM/DD/YYYY] | [MM/DD/YYYY] | [MM/DD/YYYY] | [MM/DD/YYYY] | [MM/DD/YYYY] | [MM/DD/YYYY] | [MM/DD/YYYY] | [MM/DD/YYYY] | [MM/DD/YYYY] | [MM/DD/YYYY] | [MM/DD/YYYY] | [MM/DD/YYYY] | [MM/DD/YYYY] |
| **Blood Sugar** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Grams Carb** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Insulin** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Phys. Activity** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Note** |  | | | | | | | | | | | | | | | | | | | |