**NURSING NOTE**

**General Information**

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| **Date of Admission:** | [MM/DD/YYYY] |

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| **Patient Name:** | Kevin Mickel |
| **Age:** | 55 |
| **Sex:** | Male |
| **Room Number:** | 101 |

**Vital Signs**

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| **Vital Sign** | **Result** | **Normal Range** |
| Temperature | 100.5 F | 97.8 – 99.1 F |
| Heart Rate | 92 bpm | 60 – 100 bpm |
| Respiratory Rate | 20 breaths/min | 12 – 20 breaths/min |
| Blood Pressure | 120/78 mmHg | 90/60 – 120/80 mmHg |
| Oxygen Saturation | 95% | 95 – 100% |

**Allergies**

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| **Allergies** | **Reaction** |
| Penicillin | Hives |

**Medical History**

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| **Medical Condition** | **Date of Diagnosis** | **Current Status** |
| Hypertension | 2008 | Well-controlled with medication |
| Type 2 Diabetes | 2010 | Requires insulin injections |
| Arthritis | 2015 | Occasional joint pain, managed with NSAIDs |

**Current Medications**

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| **Medication Name** | **Dosage** | **Route** | **Frequency** |
| Metformin | 1000mg | Oral | Twice daily |
| Lisinopril | 20mg | Oral | Once daily |
| Insulin Glargine | 20 units | Subcutaneous injection | At bedtime |

**Assessment Findings**

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| **Body System** | **Findings** |
| Cardiovascular | Regular rhythm, no murmurs or gallops. Capillary refill time < 2 sec. |
| Respiratory | Clear breath sounds bilaterally. No cough or sputum production. |
| Gastrointestinal | Abdomen soft, non-tender. Bowel sounds present in all four quadrants. No nausea or vomiting. |
| Musculoskeletal | Full range of motion in all extremities. No edema or deformities. |
| Neurological | Alert and oriented to person, place, and time. No focal neurological deficits. |

**Plan of Care**

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| **Diagnosis** | **Interventions** | **Evaluation** |
| Type 2 Diabetes | Monitor blood glucose levels, administer insulin as ordered, educate patient on diet and exercise | Blood glucose levels within normal range, patient able to demonstrate proper insulin administration and understanding of dietary recommendations. |
| Hypertension | Monitor blood pressure, administer Lisinopril as ordered, encourage patient to limit sodium intake | Blood pressure within normal range, patient able to articulate understanding of sodium restriction. |
| Arthritis | Administer NSAIDs as ordered, monitor for adverse effects | Patient reports decreased joint pain, no adverse effects noted. |

**Discharge Planning**

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| **Discharge Instructions** | **Follow-up Appointments** | **Home Care Needs** |
| Continue medication regimen, follow up with primary care physician in 2 weeks, monitor blood glucose and blood pressure at home | Follow-up with endocrinologist in 4 weeks, make appointment with rheumatologist | No home care needs identified at this time. |