**BLOOD SUGAR**

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| --- | --- |
| **Name:** | [Full Name] |
| **MRN:** | [Number] |

Test your fasting blood sugar before breakfast and before taking insulin or other medications. Fasting blood sugar readings should range from 80 to 120 mg/dL.

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| --- | --- |
| **Date** | **Blood Sugar Reading** |
| [MM/DD/YYYY] | [Rate] |
| [MM/DD/YYYY] | [Rate] |
| [MM/DD/YYYY] | [Rate] |
| [MM/DD/YYYY] | [Rate] |
| [MM/DD/YYYY] | [Rate] |
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