**COURSE SYLLABUS: HEALTH 8**

**Logistics**

Instructor: Mr. Attanasio

Email: mattanasio@wwrsd.org

Location: Room 123

**Course Overview**

All of the health education classes in this school will focus educating students on topics that impact their physical, emotional, mental, and social well being. Health 8 focuses on topics that are specific to the student who is preparing to enter high school.

**Units of Instruction**

In Health 8 we focus on the following topics: Tobacco, Body Systems, and Eating Disorders/Body Image. Other topics will be covered, including current events that are age appropriate. The main focus of the course will be the topics listed above.

**Methodology**

Health 8 students will be instructed in a variety of methods, including, but not limited to:

* Lecture
* Class discussion
* Group work
* Individual work
* Reading of articles and news stories
* Use of the Internet as an informational source
* Use of surveys to gather and share information
* Individual presentations
* Group presentations

Every effort will be made to demonstrate the relevance of the material covered in this course. The topics have been chosen carefully to cover the challenges that may face students in their pre-high school years.

**Evaluation Criteria**

Students will have a variety of methods to display master of the subject area and to show their effort and overall contributions to the class. The following are the criteria used to evaluate students:

* 30% - Class participation
	+ Cooperation in class with staff and peers
	+ Involvement in discussions
	+ Active role in all class activities
	+ Being prepared for class
	+ Adherence to all class policies as explained in the student contract
* 30 % - Test scores
* 40% - Graded class assignments
	+ Individual presentations
	+ Group presentations
	+ Homework
	+ Writing assignments
	+ Homework
	+ All other work designated as an assignment by the teacher

**Materials**

* Notebook (all students will have a health notebook with them every day when class begins. This notebook must be for taking notes, journal entries, reflective writing assignments, group work, or to store information that is distributed to the class. A student who does not have their notebook with them is not prepared for class, and this will be reflected in their participation grade.)
* Pen or pencil

**Resources**

* Articles (current event articles and informational articles)
* Various handouts
* Notes
* Various websites
* Video sources

**CONTRACT: HEALTH 8**

**Please review the course syllabus with your parent or guardian. Review the following notes below, and then sign the document. The contract is due one cycle after it is assigned. (For example, if it is assigned on an A day, it is due the next A day that we meet)**

* Students will show respect for everyone in the class. Students will address the class in discussions in ways that do not offend others based on race, religion, or sexual preference.
* **One person talks at a time.** When the teacher or a student is addressing the class, they deserve your attention, so please make every effort to respect this request.
* Students will be expected at times to work with a group. Sometimes students will be able to choose their group, other times groups will be assigned. Equal participation from all members of a group is essential to the success of the group.
* Students are expected to contribute to the atmosphere of the class in a positive manner. Calling out, making fun of others, being sarcastic or disruptive in any way will not be tolerated.
* Students are expected to work on material for this course only.
* Students are expected to turn work in a timely manner. Late work will be accepted at a penalty of 10% per school day, absences not withstanding.
* All work will be posted on my school wires page. If you have trouble locating a missed assignment, it is your responsibility to ask me to help you so that you may complete missing work.

**We have read the health 8 Student Contract and Syllabus, and understand all the rules of this class.**

**STUDENT’S NAME (PRINTED): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**STUDENT’S SIGNATURE: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**PARENT’S NAME (PRINTED): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**PARENT’S SIGNATURE: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**PARENT CONTACT INFORMATION (OPTIONAL): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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