

Printable *Kitchen* Cleaning Checklist

DAILY:

- ☐ Clean up dishes, pots, and pans after each meal.
- ☐ Run dishwasher as needed (and empty when clean)
- ☐ Wipe down kitchen counters, table, and stove top.
- ☐ Empty trash can
- ☐ Sweep floor.
- ☐ Change out kitchen towels.
- ☐ Wipe up spills as they occur.

WEEKLY:

- ☐ Clean out refrigerator and freezer of older food.
- ☐ Mop kitchen floor
- ☐ Check cleaning supplies and restock as necessary.
- ☐ Flush kitchen drain with boiling water.
- ☐ Disinfect kitchen counters and other food work surfaces.
- ☐ Take out recycling.

MONTHLY:

- ☐ Clean coffee maker
- ☐ Clean dishwasher, inside and out
- ☐ Clean oven
- ☐ Clean kitchen sink drains with vinegar and baking soda
- ☐ Clean inside of refrigerator
- ☐ Wipe outside of kitchen appliances
- ☐ Wash kitchen rugs
- ☐ Update pantry and freezer inventories
- ☐ Straighten cabinets and drawers.

