**PRINTABLE GOAL PLANNING TEMPLATE**

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| **Smart Goals** | **S**pecific | **M**easurable | **A**ction-Oriented | **R**elevant | **T**ime-Oriented |

**Define Goals**

|  |  |
| --- | --- |
| **1** |  |
| **2** |  |
| **3** |  |

**Break each goal into smaller measurable and attainable steps**

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| --- | --- |
| **Goal** |  |
| **Step Description** | **Time Required** | **Set Deadline** |
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**Further Planning**

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| **DETAIL REQUIRED RESOURCES** |
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| **DEFINE POTENTIAL OBSTACLES** |
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| **PLANS FOR OVERCOMING OBSTACLES** |
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**Desired Outcome**

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| --- |
| **DEFINE MEASUREMENTS FOR SUCCESS** |
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| **DESCRIBE OUTCOME OF ACHIEVED GOAL** |
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