**SOAP NOTES**

|  |
| --- |
| Client Name |
| Date |
| Massage Media |
| Table Setup |
| Hot or Cold Therapies |
| Music |
| Other |

**SUBJECTIVE**

|  |
| --- |
| Client Goals |
| Symptoms |
| Improve with |
| Worsen with |

**OBJECTIVE**

|  |
| --- |
| Visual |
| Palpation |
| Modalities Applied |

**ASSESSMENT**

|  |
| --- |
| Changes Achieve |
| Goals |
| Goals |
| Goals |

**PLAN**

|  |
| --- |
| Treatment Plan |
| Self-Care Plan |

**Legend**

* Inflammation
* Rotation
* Long Tender Point
* Trigger Point
* Elevation