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|  **FOOD DIARY** |
| **Date:**  |   |   |
| **Name:**  |   |   |
| **Food or Beverage** | **Amount and Kind** | **Additional Comments**  |
| **Breakfast:** |   |   |
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| **Snack:** |   |   |
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| **Lunch:** |   |   |
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| **Snack:** |   |   |
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| **Dinner:** |   |   |
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| **Snack:** |   |   |
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