GYM Cleaning Checklist

MAIN AREA

Sanitise cardio equipment	
Sanitise free weights area	
Sanitise machines	
Rearrange free weights	
Vacuum and mop floors	
Disinfect water fountain	

LOCKER ROOM AND SHOWERS

Clean sinks and surfaces	
Refill hand wash	
Remove the bins	
Restock on toilet paper	
Disinfect shower area	
Clean toilets	

STUDIO

Mop floors	
Clean windows	
Clean mirrors	
Rearrange equipment	
Remove rubish	
Disinfect matresses	

STAFF ROOM

Mop floors	
Clean surfaces	
Clean microwave	
Disinfect sinks	
Wash dishes	
Wash coffee machine	

RECEPTION

Mop floors	
Clean surfaces	
Remove rubish	
Clean windows and blinds	
Clean turnstiles	
Clean entrance	

TO RESTOCK

Toilet paper	
Tissues	
Wet wipes	
Laundry products	
Cleaning products	
Disinfectant hand-gel	