**DAP NOTE**

**D:** Client appeared withdrawn and guarded when in the group. He reported feeling sad and “feeling down since my bike accident.” He stated, “I don’t believe in treatment, but I’ll give it a try as long as I have help with the cravings.” He recently started on Suboxone, and reports improved but ongoing cravings, as well as fear of relapse. Client appeared uncertain towards group treatment but was engaged in the Suboxone portion of the treatment plan. He reported ongoing pain from his bike accident.

**A:** When the client participated in group, he appeared withdrawn and guarded. He was able to engage in the group process with the help of the counselor and reported having difficulties with triggers, saying, “that’s why I never stopped using.” Patient reported being fearful of relapse due to strong cravings, but stated “I feel better being on Suboxone, it makes the cravings more manageable.” Patient identified two triggers such as, “seeing the scars from my accident” and “being around other people that use stuff.”

***P:*** Substance Use - Client will continue IOP and MAT as prescribed. He agreed to attend at least 1 Narcotics Anonymous meeting at least 1x per week. Continue Suboxone and coordinating with Suboxone prescriber. - Counselor will refer the client to case management for help with housing and employment. Mental Health - Given ongoing depressive symptoms, will refer for mental health assessment. Physical Health - Client will call his PCP to make an appointment by next week. - Refer to case management to f/u to ensure the client made PCP appointment.