**REVIEW OF SYSTEMS**

**Checklist:**

**General-**

□ Weight loss or gain □ Fever or chills □ Trouble sleeping

□ Fatigue

**Skin-**

□ Rashes □ Itching □ Color changes

□ Lumps □ Dryness □ Hair and nail changes

 □ Headache □ Head injury

**Ears-**

□ Decreased hearing □ Earache

□ Ringing in ears (tinnitus) □ Drainage

|  |  |  |
| --- | --- | --- |
| □ Vision |  □ Blurry or double vision |  □ Cataracts |
| □ Glasses or contacts |  □ Flashing lights |  □ Last eye exam |
| □ Pain |  □ Specks |  |
| □ Redness |  □ Glaucoma |  |

**Nose-**

□ Stuffiness □ Itching □ Nosebleeds

□ Discharge □ Hay fever □ Sinus pain

|  |  |  |
| --- | --- | --- |
| □ Teeth |  □ Sore tongue |  □ Thrush |
| □ Gums |  □ Dry mouth |  □ Non-healing sores |
| □ Bleeding |  □ Sore throat |  □ Last dental exam |
| □ Dentures |  □ Hoarseness |  |

**Neck-**

□ Lumps □ Pain

□ Swollen glands □ Stiffness

□ Lumps □ Discharge □ Breast-feeding

□ Pain □ Self-exams

|  |  |  |
| --- | --- | --- |
| □ Cough (dry or wet, |  □ Coughing up blood |  □ Wheezing |
| productive) | (hemoptysis) |  □ Painful breathing |
| □ Sputum (color and |  □ Shortness of breath |  |
| amount) | (dyspnea) |  |

**Cardiovascular-**

□ Chest pain or discomfort □ Difficulty breathing

□ Tightness lying down (orthopnea)

□ Palpitations □ Swelling (edema)

□ Shortness of breath with

activity (dyspnea)

* Sudden awakening from sleep with shortness of breath (Paroxysmal Nocturnal Dyspnea)

**Gastrointestinal-**

|  |  |  |
| --- | --- | --- |
| □ Swallowing difficulties | □ Change in bowel habits | □Yellow eyes or skin |
| □ Heartburn | □ Rectal bleeding | (jaundice) |
| □ Change in appetite | □ Constipation |  |
| □ Nausea | □ Diarrhea |  |

|  |  |  |
| --- | --- | --- |
| **Urinary-** |  |  |
| □ Frequency | □ Blood in urine | □ Change in urinary |
| □ Urgency | (hematuria) | strength |
| □ Burning or pain | □ Incontinence |  |

|  |  |  |
| --- | --- | --- |
| **Genital-** |  |  |
| **Male-** |  |  |
| □ Pain with sex | □ Sores | □ STD’s |
| □ Hernia | □ Masses or pain |  |
| □ Penile discharge | □ Erectile dysfunction |  |
| **Female-** |  |  |
| □ Pain with sex | □ Hot flashes | □ Itching  |
| □ Vaginal dryness | □ Vaginal discharge | □ STD’s |

**Vascular-**

□ Calf pain with walking □ Leg cramping

(Claudication)

**Musculoskeletal-**

□ Muscle or joint pain □ Back pain □ Swelling of joints

□ Stiffness □ Redness of joints □ Trauma

**Neurologic-**

□ Dizziness □ Weakness □ Tremor

□ Fainting □ Numbness

□ Seizures □ Tingling

**Hematologic-**

□ Ease of bruising □ Ease of bleeding

**Endocrine-**

□ Head or cold intolerance □ Frequent urination □ Change in appetite

□ Sweating (polyuria) (polyphagia)

* Thirst (polydypsia)

**Psychiatric-**

□ Nervousness □ Memory loss □ Stress

* Depression