

Examples of reflective listening statements:

1	<p>Student: "I'm really having difficulty focusing in class. The lectures are interesting, but I find myself daydreaming and then I miss something important."</p> <p>Fellow: "You want to find a strategy for performing better in class."</p>
2	<p>Student: "I know I should start my weekly assignments earlier, but I'm always busy with other things. Then I wait until the last minute, and the product isn't very good."</p> <p>Fellow: "You have a busy schedule, and you're having trouble making this class a priority."</p>
3	<p>Student: "I don't know why I got a bad grade on this exam. I understand all the concepts, and I do all the work in class. Then the professor asked really hard questions on stuff that wasn't covered in class, and I didn't know how to answer the questions. It was unfair."</p> <p>Fellow: "You feel that what you learned in class didn't reflect what was on the exam."</p>
4	<p>Student: "I'm really struggling with small groups. I don't get the point of them, and I don't like having to hear from other people. I just want to hear from the professor."</p> <p>Fellow: "The small groups aren't your favorite part of class, and you're not sure how to work them into your understanding of the material."</p>
5	<p>Student: "What Tammy said in class really offended me. She didn't even try to see it from my perspective, or anybody else's. This whole class is about evaluating different perspectives, and she failed."</p> <p>Fellow: "What Tammy said has hit a nerve with you. It doesn't speak to your personal experience, or to what you're trying to get out of the class. You're not sure what to do next."</p>
6	<p>Student: "This class really changed me. I've learned so much. I see this issue in a new way, and I don't know what to do with this information. I feel like more people need to know this and talk about it."</p> <p>Fellow: "You have grown as a result of this class, and you're looking for a way to keep growing in this topic."</p>
7	<p>Student: "I like the discussions, but I don't know how to participate more. I like hearing from my classmates, and they have really good ideas."</p> <p>Fellow: "Right now, you feel like you get more out of listening than participating, and you're wondering if that's okay."</p>