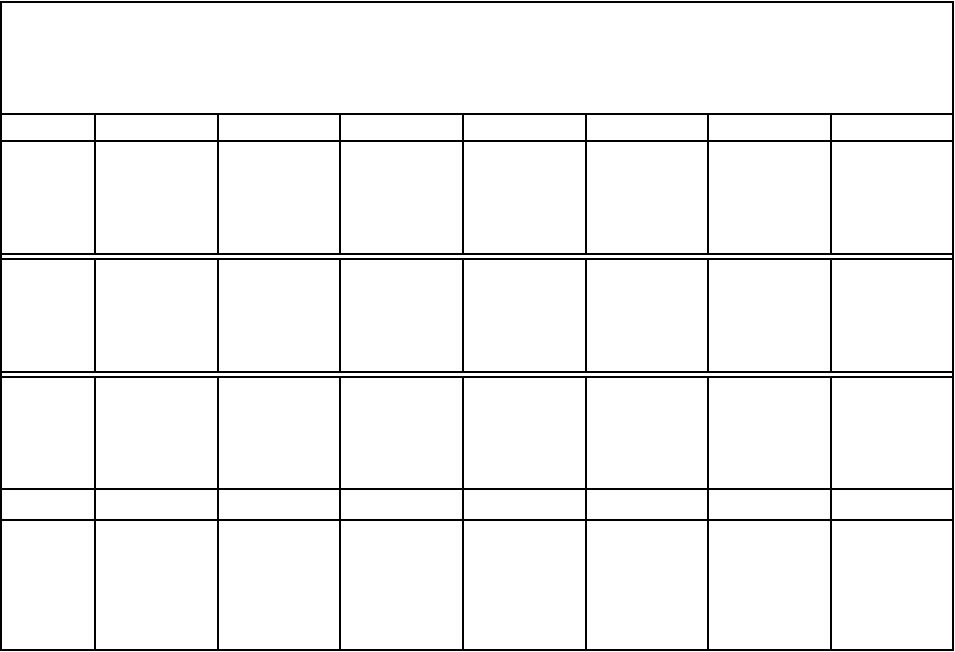
Meals



MON

TUES

WED

THURS

FRI

SAT

SUN

Dinner

Lunch

Breakfast

Do Ahead

MON

TUES

WED

THURS

FRI

SAT

SUN

Tasks to do   
 to "prep"

for next   
 day