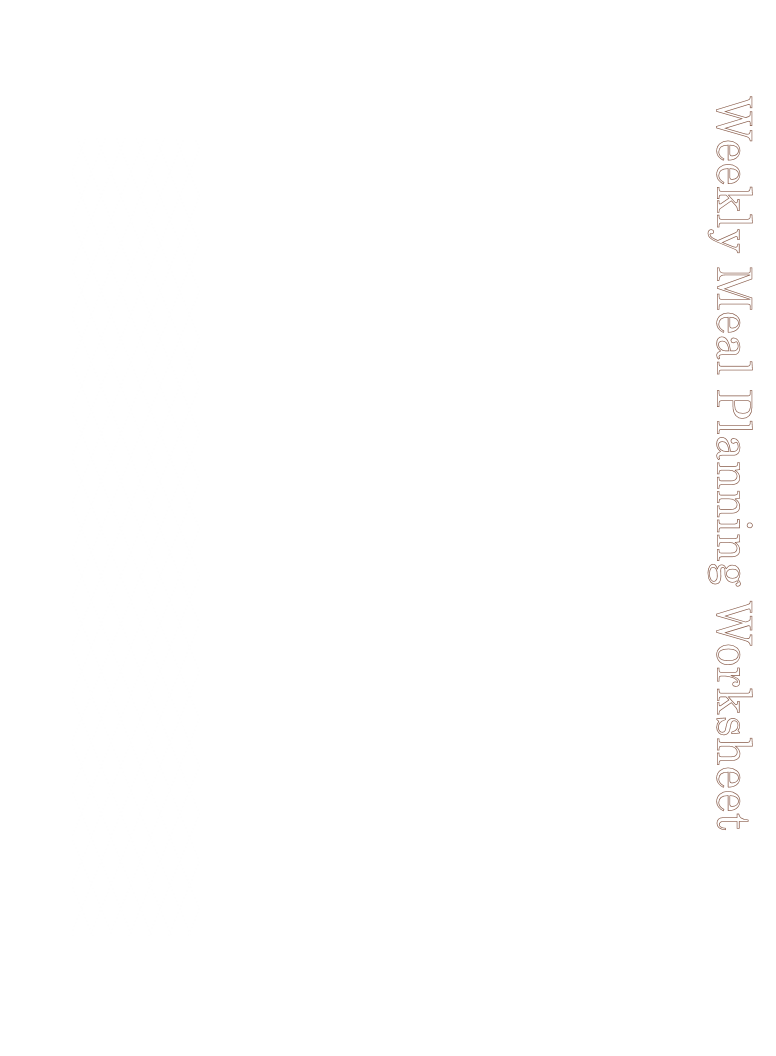
Breakfast



Breakfast

Lunch

Dinner

Breakfast

Lunch

Dinner



Weekly Meal Planning Worksheet



Lunch

Dinner



Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday