

# Newborn Essentials Checklist

## Clothing – The Layette

*Suggested for newborn to 3 months*

- ☐ One-piece sleepers (6-8)  
Zippers or snaps, your choice!
- ☐ Scratch mittens (2 pairs)
- ☐ Newborn hats (2)
- ☐ Onesies (6-8)  
Mix of short and long-sleeves.
- ☐ Stretchy pants (2 pairs)
- ☐ Hoodie jackets (2)
- ☐ Socks (4 pairs)
- ☐ Special dress-up outfits (2)  
For leaving hospital, visiting grandparents.
- ☐ Large blanket (1)
- ☐ Receiving blankets (8-12)  
Great for swaddling, and use as bibs or burp cloths.
- ☐ Scent-free, dye-free laundry detergent
- ☐ **Winter Babies:** Snowsuit or bunting bag
- ☐ **Summer Babies:** Wide brimmed sun hat

## Diapering

### Cloth Diapers

- ☐ Pocket diapers (24)  
Or 24 prefold diapers, 5 diaper covers, 2 Snappi fasteners.
- ☐ Diaper wet bag (1)
- ☐ Washcloths for wiping (24)
- ☐ Organic coconut oil  
Safe for cloth diapers, great on diaper rash, safe for baby.

### Disposable Diapers

*Don't stock up on newborn sizes – your little one might outgrow them fast!*

- ☐ Newborn diapers (2 boxes)
- ☐ Diaper pail (1)
- ☐ Baby ointment or diaper rash cream
- ☐ Disposable wipes

### Optional Diapering Accessories

- ☐ Change table  
Or use Pack 'N Play changer, or top of a dresser.
- ☐ Diaper bag
- ☐ Diaper change pad (1)

## Bathing

*Little babies can sure make big messes.*

- ☐ Plastic infant tub (buy used)  
Or stick a large bowl in your sink. Also, you can bathe together with baby.
- ☐ Hooded towel (1)
- ☐ Washcloths (10)
- ☐ Baby wash

## Breastfeeding and Bottle Feeding

- ☐ Nursing pillow
- ☐ Breast pads
- ☐ Breast pump
- ☐ Milk storage containers
- ☐ Bibs (2-4)
- ☐ Four-ounce bottles with nipples (6-8)
- ☐ Eight-ounce bottles with nipples (6)
- ☐ Bottle brush
- ☐ **Nice to have:** Bottle warmer and sterilizer

## Sleeping

*Choose from the following:*

- ☐ Crib, mattress, 2 mattress covers, 2 fitted sheets
- ☐ Bassinet, 2 fitted sheets
- ☐ Pack 'N Play
- ☐ **Nice to have:** 2 Sleep Bags or Swaddle Blankets

## Baby Gear

- ☐ Infant car seat
- ☐ Stroller (buy used)
- ☐ Baby carrier or sling

## Health

- ☐ Ear thermometer
- ☐ Nail emery board – easier than using scissors
- ☐ Prescribed medication

## Nice-to-Haves

- ☐ Vibrating chair
- ☐ Swing
- ☐ Activity center
- ☐ Books for baby
- ☐ Teething toy
- ☐ Stroller or carseat toy
- ☐ Pacifiers (2)