

# Printable Packing for Baby Checklist

Wondering what to stash in your baby's bag — and yours — when you head off for a family vacation? Here's a complete cheat sheet for easy (if not lighter) family travel packing. Want to lighten your load?

## What to Pack for Baby in the Carry-on Bag

- ☐ Diapers: two days' and nights' worth (in case you get stuck en route)
- ☐ Wipes, and lots of them
- ☐ A changing pad
- ☐ Two bibs
- ☐ Three baby blankets: Use them as burp clothes or to cover yourself up while breastfeeding
- ☐ Two bottles (if you use them)
- ☐ Change of clothes for your baby
- ☐ Change of clothes for you (in case your baby spits up — or worse)
- ☐ Large ziplock bags to store soiled clothes in
- ☐ Several pacifiers (if your baby uses one)
- ☐ Food: two small jars of baby food per meal, plus snacks if your baby is eating solids; easy-to-eat granola and cereal bars for you; formula if you're not breastfeeding
- ☐ Activities: a couple of favorite toys and books plus a few brand-new ones
- ☐ Infant acetaminophen (or infant ibuprofen for babies older than six months old)
- ☐ Antibacterial wipes (to clean hands, wipe down meal trays or baby changing stations)
- ☐ Camera (with a battery charger or extra set of batteries)

## What to Pack in Baby's Suitcase

- ☐ Diapers and wipes
- ☐ Diaper cream
- ☐ Baby wash
- ☐ Body lotion
- ☐ Sunscreen
- ☐ Infant nail clippers (if you'll be away more than a week)
- ☐ A first-aid kit: Pack any medications your baby might need, bandages, an antibiotic ointment, your pediatrician's number, and outlet covers for babyproofing.
- ☐ Breast pump, plus storage for milk; or formula
- ☐ Baby food: a few jars (so you don't have to hit the supermarket the second you arrive)
- ☐ Portable cooler and ice packs
- ☐ Two additional bottles
- ☐ A bottle brush
- ☐ Infant utensils
- ☐ Ziplock bags to store snacks on the go

- ☐ Clothes, socks, booties or shoes: Pack two outfits for each day you'll be away, plus two extra ones.
- ☐ Lightweight stroller or baby carrier/sling
- ☐ Car seat (Not traveling by car? You'll need one for the plane and/or the rental car or taxi)
- ☐ Portable feeding seat (if your baby's sitting up and eating solids)
- ☐ Monitor (if your baby will be sleeping in another room)
- ☐ Night-light (if your child requires one)
- ☐ Play mat
- ☐ Hot-weather gear: sun hat, sunglasses, swim diapers, and bathing suit
- ☐ Cold-weather gear: snowsuit, coat, mittens, and winter hat

### What to Pack in Baby's Suitcase

You may not *need* these items, but if you've got any extra packing room these small niceties might make a big difference to your stay:

- ☐ iPod and iPod dock to play white noise or lullabies at night
  - ☐ Inflatable baby bathtub
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