**[Sender Name]**

**[Sender Title]**

**TO**

[Receiver Name]

[Receiver Title]

[Address]

[Email]

**FROM**

[Sender Name]

[Sender Title]

[Address]

[Email]

[Date]

Dear Admissions Committee,

I am pleased to strongly recommend Ms. Jane Wood for a Ph.D. program in psychiatry at Brownton University.

I am Dr. Carpenter, a psychology professor. I have ten years of experience working in psychiatry and have seen many young professionals come and go. I have known Jane for the past two years through her work in my Adolescence in Young Females project. Jane first approached me three years ago about her interest in the mental development of young females.

During our time together, Jane displayed excellent research skills. Her understanding of the effect neurotransmitters had on the mental development of adolescent females grew far more than that of her peers.

It was not just her technical and leadership skills that impressed me. Jane's ability to work independently with creativity and enthusiasm helped train a team of 20 project fellows to collect and process sample data.

I am confident that Jane would be an excellent fit for your program. Not only would she bring the kind of skills and experiences you're looking for in an applicant, but she would also become an asset and help Brownton University grow in any way they can.

If you need more information, please do not hesitate to contact me.

Larry Carpenter

Lead Professor

Department of psychology

University of Bluesing

Toronto, ON

larrycarpenter@email.com

223-996-7890