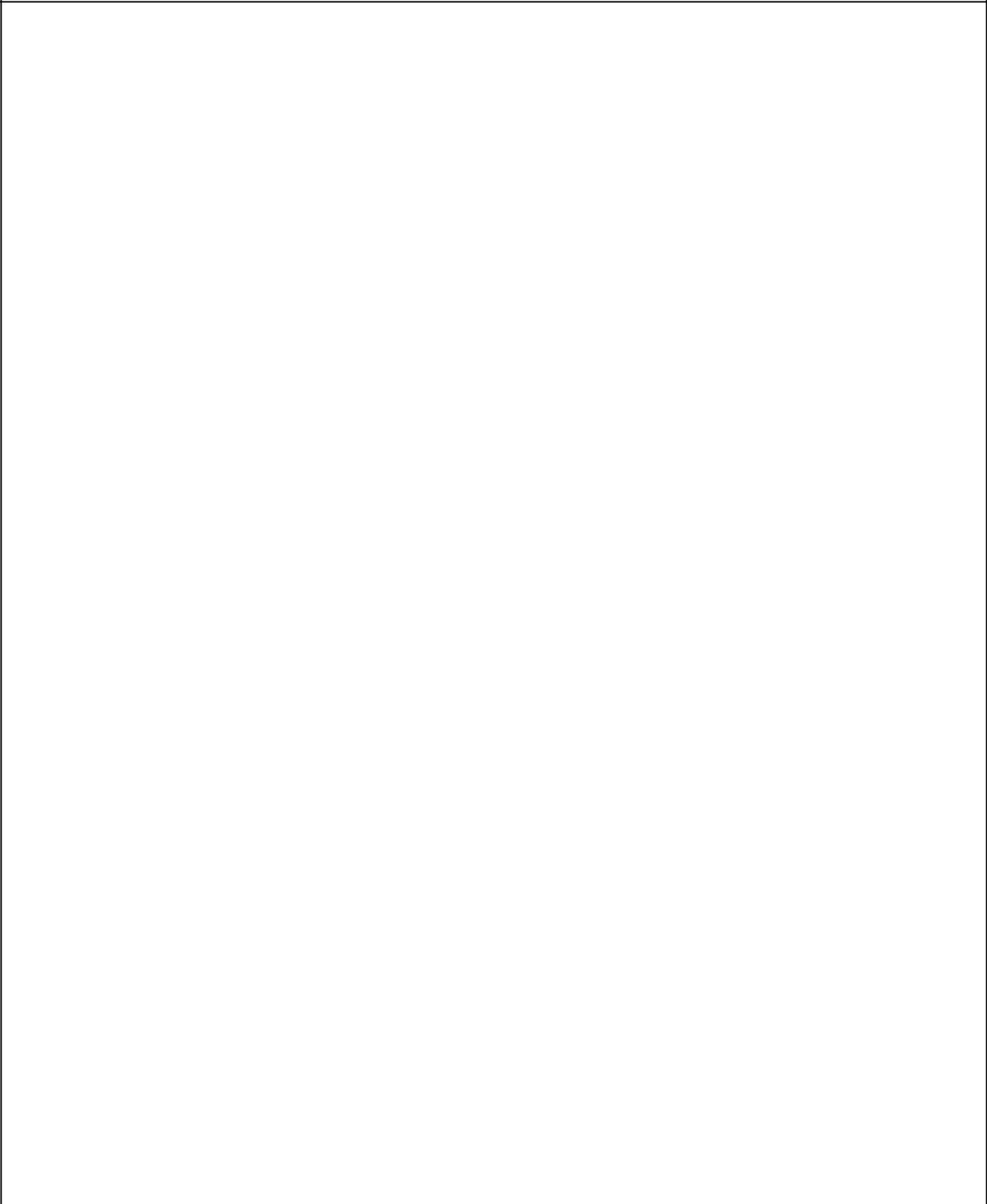


KIDS MARATHON RUNNING LOG

Run one mile on each day of any 25 days between now and May 11, 2019. Record the date that you completed the mile run, then have your parent, teacher or coach initial each time that you complete a mile. If you would like to record any comments about your runs, we would love to read them. Please submit your completed log to the registration table at the race or email it to; kids\_on\_the\_run@mcrrc.org.

Runner Name:



|  |  |  |  |
| --- | --- | --- | --- |
| Mile | Date | Comments: (This was hard, this was easy, I’m getting | Parents Initials |
|  |  | stronger, I’m getting faster, I’m getting healthier! Or other |  |
|  |  | comments you may have.) |  |
|  |  |  |  |
| 1 |  |  |  |
| 2 |  |  |  |
| 3 |  |  |  |
| 4 |  |  |  |
| 5 |  |  |  |
| 6 |  |  |  |
| 7 |  |  |  |
| 8 |  |  |  |
| 9 |  |  |  |
| 10 |  |  |  |
| 11 |  |  |  |
| 12 |  |  |  |
| 13 |  |  |  |
| 14 |  |  |  |
| 15 |  |  |  |
| 16 |  |  |  |
| 17 |  |  |  |
| 18 |  |  |  |
| 19 |  |  |  |
| 20 |  |  |  |
| 21 |  |  |  |
| 22 |  |  |  |
| 23 |  |  |  |
| 24 |  |  |  |
| 25 |  |  |  |
| 26.2 | 5/11/19 | Race Day! Going to have a great time at Kids on The Run! | |