**BLOOD PRESSURE LOG**

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| **Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** | **Age: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** |

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| **Date** | **Time** | **Blood Pressure** | **Time** | **Blood Pressure** |
| **AM** | **SBP** | **DBP** | **PM** | **SBP** | **DBP** |
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