Wedding Planning Worksheets

WEDDING
planner and guide

for the wedding of

_____

to

_____

date

_____

time

_____

location

_____

Calendar Checklist

The following checklist is an ideal timetable. Couples who do not have as much time as shown should plan their wedding in much the same order, using the checklist as a guide. Be sure to check things off as they are completed.

immediately after the engagement:

❒ Discuss a budget and the size and style of the wedding with parents. Decide who pays for what.

❒ Choose a wedding date and time. You may want to check vendor availability prior to setting date.

❒ Create a binder to organize your thoughts, photos, worksheets, etc.

❒ If using a wedding consultant, enlist their services.

❒ Make initial contact with vendors and obtain references.

❒ Meet with clergymember; schedule pre-marital counseling.

❒ Reserve wedding and reception sites; make initial catering contacts.

❒ Register at local bridal registries.

❒ Hire photographer.

❒ Hire videographer.

❒ Make arrangements for the music at the wedding and reception.

❒ Make all transportation arrangements to and from the wedding and the reception. Consider hiring a limousine, party bus, trolley or horse-drawn carriage.

six months or more before:

❒ Compile the guest list.

❒ Send out Save the Date cards.

❒ Reserve a block of hotel rooms for out-of-town guests.

❒ Choose wedding rings.

❒ Send engagement announcement to newspapers.

❒ Select and order wedding gown, leaving ample time for delivery and alterations.

❒ Look for alteration specialist (if someone other than bridal shop).

❒ Select the attendants (bridesmaids and groomsmen). Choose and order bridesmaids dresses.

❒ Purchase invitations.

❒ Select one usher for every 50 guests.

❒ Schedule wedding cake design appointment. Get estimates. Book the date.

❒ Implement diet and exercise program.

❒ Plan beauty preparations by checking with your salon for how far in advance they book wedding parties.

❒ Complete all honeymoon plans. If traveling outside the country, check on visas, passports and inoculations.

❒ Sign up for dance lessons. Talk to instructor about choreographing a special dance routine to *"wow"* guests.

❒ Book vendors, securing dates by putting down deposit.

four months or more before:

❒ Confirm final details with the caterer.

❒ Order napkins and purchase any other items needed for the ceremony and reception. Check with the caterer to see what he/she includes.

❒ Order invitations (25 extra) and personal stationery or "Thank You" notes.

❒ Book engagement photo session with enough time to submit photos to local newspapers.

❒ Visit the photographer again to discuss specifics. Use the "Photography Worksheet."

❒ Get estimates and order flowers and floral arrangements for wedding and reception.

❒ Get estimates and order balloons, decorations and favors for wedding and reception.

❒ Book room for wedding night.

three months or more before:

❒ Order wedding rings. Allow time for any final engraving.

❒ Order tuxedos for the groomsmen and fathers.

two months or more before:

❒ Mail invitations (six weeks before the wedding; eight weeks to out-of-town guests).

❒ Buy a wedding gift for future spouse and gifts for attendants and helpers.

❒ Finalize arrangements of accommodations for out-of-town attendants and guests.

one month or more before:

❒ Ready all accessories, shoes and lingerie for bridal gown.

❒ Have beauty consultant do a trial run with bride's hair and makeup. Schedule this appointment on the day the bridal portait is taken and/or a party is planned or schedule on the day of your final dress fitting to see exactly how you will look on wedding day.

❒ Have final fitting for bridal gown and bridesmaids' dresses.

❒ Have bridal portrait taken.

❒ Have groomsmen registered and measured at the formal wear store.

❒ Check with the newspapers on wedding announcement requirements.

❒ Finalize plans for rehearsal dinner.

❒ Plan seating arrangements for the rehearsal dinner and reception.

❒ Review this checklist to be sure nothing has been missed.

❒ Complete change-of-address information for post-office.

❒ Keep current with "Thank You" notes for shower and early wedding gifts.

two weeks before:

❒ Get the marriage license. Be sure to bring all needed documents.

❒ Inform or send rehearsal invitations including exact time and location to those who will attend the rehearsal and rehearsal dinner.

❒ Inquire about where bride, groom and attendants will dress for the ceremony.

❒ Review all details. Walk through the entire event considering things like parking, access for handicapped guests, etc.

❒ Confirm all transportation plans.

❒ Check in with caterer, photographer, videographer, musicians, DJ, florist, etc. to confirm all arrangements.

❒ "Break in" wedding shoes at home.

one week before:

❒ Appoint someone to act as an "organizer" to handle any last minute problems.

❒ Give a final guest count to the caterer.

❒ Review final details for those in the wedding party.

❒ Confirm honeymoon arrangements.

❒ Pack for the honeymoon.

❒ Enjoy a day with family and friends. Visit a day spa, have a massage, a facial and relax.

one day before:

❒ Attend the rehearsal and rehearsal dinner and give gifts to attendants.

❒ Give the rings and clergy's fee to the best man.

❒ Organize gown, accessories, etc. to go to ceremony.

❒ Get a manicure and pedicure.

on the wedding day:

❒ Mail wedding announcements.

❒ Get hair, makeup, etc. done.

❒ Enjoy the day!

Budget Expense Record

	estimated	actual
Bridal Gown (include Alterations)		
Headpiece		
Accessories		
Hair/Make-up		
Groom's Tuxedo		
Bride's Rings		
Groom's Ring		
Stationery (Total from Worksheet)		
Photography		
Videography		
Ceremony Musicians		
Reception Entertainment		
Wedding Cake		
Flowers (Total from Worksheet)		
Aisle Runner		
Candles		
Favors		
Add'l Ceremony Decorations		
Add'l Reception Decorations		
Ceremony Officiant		
Rental Equipment		
Wedding License		
Food/Beverage Catering		
Rehearsal Dinner		
Reception Hall Rental		
Transportation		
Bride's Attendants Gifts		
Groom's Attendants Gifts		
Bride's Gift		
Groom's Gift		
Honeymoon		
TOTALS		

The Bride's Trousseau

Bridal Gown

Store: _____

Telephone: _____

Address: _____

Consultant: _____

Gown Description (Color, Fabric, Lace, Style, etc.): _____

_____

_____

Price: _____

Date Ordered: _____ Date Promised: _____

Fitting Appointments:

_____

_____

(Be sure to bring proper undergarments and shoes to fittings)

Bridal Accessories

Headpiece & Veil: _____ Price: _____

Bra / Bustier: _____ Price: _____

Teddy / Body Stocking: _____ Price: _____

Stockings / Pantyhose: _____ Price: _____

Garter: _____ Price: _____

Petticoat / Slip: _____ Price: _____

Shoes: _____ Price: _____

Jewelry: _____ Price: _____

Wrap / Cape: _____ Price: _____

Other: _____ Price: _____

Something Old: _____

Something New: _____

Something Borrowed: _____

Something Blue: _____

The Attendants

The Maids

Name:_____ Phone: _____

Name:_____ Phone: _____

Name:_____ Phone: _____

Name:_____ Phone: _____

Name:_____ Phone: _____

Name:_____ Phone: _____

Name:_____ Phone: _____

Name:_____ Phone: _____

Dress Store: _____

Telephone: _____

Address: _____

Consultant:_____

Gown Description (Color, Fabric, Lace, Style, etc.): _____

_____

_____

Price:_____

Date Ordered: _____ Date Promised: _____

(Remind attendants they will need to make an appointment for fittings.

Advise them to bring proper undergarments and shoes to all fittings.)

Attendants Accessories

Shoes: _____ Price: _____

Jewelry:_____ Price: _____

Undergarments:_____ Price: _____

Handbags:_____ Price: _____

Wrap: _____ Price: _____

Other: _____ Price: _____

The Groomsmen/Ushers

Name:_____ Phone: _____

Name:_____ Phone: _____

Name:_____ Phone: _____

Name:_____ Phone: _____

Name:_____ Phone: _____

Name:_____ Phone: _____

Name:_____ Phone: _____

Name:_____ Phone: _____

Tuxedos (Store): _____

Telephone: _____

Address: _____

Consultant: _____

Gown Description (Color, Designer, Style, etc.): _____

_____

_____

Price: _____ Date Measurements needed by: _____

Date Ordered: _____ Date Promised: _____

Measurements

	coat	shirt		pants		
Name	Size	Neck	Sleeve	Waist	Length	Shoe

Pre-Wedding Details

Engagement & Wedding Rings

Jeweler:_____ Phone: _____

Address: _____

Salesperson:_____

Description of Ring(s): _____

_____

_____

Price: _____

Invitations & Stationery

Stationer:_____ Phone: _____

Address: _____

Salesperson: _____

Date Ordered: _____ Date Promised: _____

Manufacturer: _____ Style #:_____

Quantities and Prices (Be sure to order extra and order everything at once.)

	Quantity	Price
Save-the-date Cards	_____	_____
Wedding Invitations	_____	_____
Response Cards	_____	_____
Thank You Cards	_____	_____
Napkins/Matchbooks	_____	_____
Announcements	_____	_____
Programs	_____	_____
Other	_____	_____

Total Cost: _____

Invitation • Announcement Wording Worksheet

Be sure all details (date, time, place) are secured before ordering invitations.

Gift Registry

The gift registry is the perfect opportunity for the bride and groom to set-up their household. It is wise for the couple to do this "wish-list" shopping trip together to be sure they choose items and styles both desire. Of course, they should keep in mind they probably won't receive everything they want, but it is a good way to get started.

Traditionally when people think of registries, they think of items like fine china, flatware and crystal. While some couples may shy away from the idea, many couples are discovering the incredible array of choices available, everything from fancy to contemporary or everyday casual. Today long-standing manufacturers have included lines that are dishwasher and microwave safe making china an ideal choice for everyday use. The registry is also the perfect time to begin the couples china, flatware or crystal collection, since these items, though desired, are often not purchased by the newlyweds themselves.

Other items to consider registering for include general housewares, linens and even electronics or sporting goods, depending on the couples interests and activities.

The following worksheets can be used to provide ideas of items to register for and to organize plans for the gift list. Once completed, a call to set an appointment with the store's registry department is recommended. Then take these forms to the stores of choice and enjoy "shopping!"

Stores Where Gifts are Registered

Store: _____

Address: _____

Registrar: _____

Telephone: _____

Website: _____

Store: _____

Address: _____

Registrar: _____

Telephone: _____

Website: _____

Store: _____

Address: _____

Registrar: _____

Telephone: _____

Website: _____

Store: _____

Address: _____

Registrar: _____

Telephone: _____

Website: _____

Dining / Serving

Formal Color Scheme: _____

Formal Dinnerware Manufacturer/Pattern: _____

Formal Glassware Manufacturer/Pattern: _____

Formal Flatware Manufacturer/Pattern: _____

Casual Color Scheme: _____

Casual Dinnerware Manufacturer/Pattern: _____

Casual Glassware Manufacturer/Pattern: _____

Casual Flatware Manufacturer/Pattern: _____

Table Size: _____ ❒ Tablecloths ❒ Placemats ❒ Cloth Napkins

❒ Ice Bucket	❒ Pitcher	❒ Wine Rack	❒ Decanter
❒ Punch Bowl Set	❒ Coasters	❒ Corkscrew/Opener	❒ Quiche Dish
❒ Serving Bowl	❒ Serving Platter	❒ Covered Casserole	❒ Soufflé Dish
❒ Chafing Dish	❒ Soup Tureen	❒ Gravy/Sauce Boat	❒ Bread Tray

❒ Serving Tray	❒ Tea Service	❒ Coffee Service	❒ Cream/Sugar
❒ Cake Plate	❒ Torte Plate	❒ Dessert Dishes (set)	❒ Compote
❒ Salt/Pepper	❒ Trivet	❒ Cheese Board	❒ Candle Sticks
❒ Candle Snuffer	❒ Napkin Rings	❒ Salad Bowl	❒ Nut Dish
❒ Other: _____		❒ Other: _____	

In the Kitchen

Color Scheme: _____ Table Size: _____

❒ Toaster	❒ Toaster Oven	❒ Coffee Maker	❒ Coffee Grinder
❒ Food Processor	❒ Blender	❒ Stand Mixer	❒ Hand Mixer
❒ Deep Fryer	❒ Slow Cooker	❒ Electric Skillet	❒ Steamer
❒ Wok/Utensils	❒ Can Opener	❒ Juicer	❒ Microwave Oven
❒ Skillet	❒ Saucepan	❒ Ice Cream Maker	❒ Stock Pot
❒ Tea Kettle	❒ Dutch Oven	❒ Roasting Pan	❒ Bakeware
❒ Bread Machine	❒ Baking Dish	❒ Mixing Bowls	❒ Measuring Set
❒ Cutlery Set	❒ Utensil Set	❒ Cookbook	❒ Wire Racks
❒ Oven Mitts	❒ Dish Towels	❒ Placemats	❒ Tablecloths
❒ Other:_____		❒ Other:_____	

For the Bedroom

Color Scheme: _____ Bed Size: _____

❒ Flat/Fitted Sheet ❒ Electric Blanket ❒ Pillow Case/Sham ❒ Blanket

❒ Throw Blanket ❒ Comforter/Duvet ❒ Bedspread ❒ Mattress Pad

❒ Pillows ❒ Breakfast Tray ❒ Other: _____

For the Bathroom

Color Scheme:_____

❒ Bath Towel ❒ Hand Towel ❒ Face Cloth ❒ Bath Accessories

❒ Shower Curtain ❒ Bath Scale ❒ Bath Mats/Rugs ❒ Hair Dryer

❒ Showerhead Massage ❒ Other: _____

Around The House

Color Scheme: _____

❒ Television ❒ VCR / DVD ❒ Stereo Equip. ❒ Telephone

❒ Clock ❒ Camera Equipment ❒ Video Camera ❒ Home Computer

❒ Iron/Ironing Board ❒ Vacuum / Sweeper ❒ Extinguisher ❒ Tool Box

❒ Sewing Machine ❒ Luggage ❒ Lamps ❒ Frames

❒ Vases ❒ Planters ❒ Other: _____

Other items not listed:

_____ _____

_____ _____

_____ _____

_____ _____

_____ _____

_____ _____

_____ _____

_____ _____

_____ _____

_____ _____

_____ _____

_____ _____

_____ _____

Showers

Shower No. 1

Host/Hostess: _____

Telephone: _____

Location/Address: _____

Date: _____

Time: _____

Type of Shower: _____

Gift	Giver	Thank You
		❒
		❒
		❒
		❒
		❒
		❒
		❒
		❒
		❒
		❒
		❒
		❒
		❒
		❒
		❒
		❒
		❒
		❒
		❒
		❒

Shower No. 2

Host/Hostess: _____

Telephone: _____

Location/Address: _____

Date: _____

Time: _____

Type of Shower: _____

Gift	Giver	Thank You
		❒
		❒
		❒
		❒
		❒
		❒
		❒
		❒
		❒
		❒
		❒
		❒
		❒
		❒
		❒
		❒
		❒
		❒
		❒
		❒

The Rehearsal

At the Ceremony Site

Rehearsal Date: _____ Time: _____

The Rehearsal Dinner

Site: _____

Address: _____

Phone: _____ Contact: _____

Date: _____ Time: _____

Menu: _____

_____

_____

Price: _____

Rehearsal & Rehearsal Dinner Guest List

Invite Sent	Guest Name	Invite Sent	Guest Name
❒		❒	
❒		❒	
❒		❒	
❒		❒	
❒		❒	
❒		❒	
❒		❒	
❒		❒	
❒		❒	
❒		❒	
❒		❒	
❒		❒	
❒		❒	
❒		❒	

Wedding Day Details

Beauty

Salon: _____

Telephone: _____

Address: _____

Stylist: _____

Appointments: 1) _____

2) _____

3) _____

4) _____

The Cake

Bakery: _____

Telephone: _____

Address: _____

Salesperson: _____

Date Ordered: _____ Date/Time Promised: _____

Price: _____

Delivery Information: _____

_____

_____

Transportation

Company Name: _____

Telephone: _____

Salesperson: _____

Type/Description (Carriage, Limo, etc.): _____

Pickup Date: _____ Time: _____

Length of Rental Time: _____ Capacity: _____

Cost: _____

Additional Time Charge: _____

Transportation Tips

Make sure the company you use is reputable, reliable and properly licensed and insured.
Do they have more than one vehicle in case of a breakdown?
Most transportation companies charge by the hour. You may need to provide an itinerary or at least have one in mind.
Think carefully about your scheduling time, you don't want to pay for a vehicle to sit idle while your pictures are being taken.
Don't forget to tip your driver.

Music

Ceremony Musicians: 1) _____

Telephone: _____ Price: _____

Ceremony Musicians: 2) _____

Telephone: _____ Price: _____

Musical Selections:

Processional: _____

_____

Ceremony: _____

_____

_____

_____

Recessional: _____

_____

Reception Entertainers: 1) _____

Telephone: _____ Price: _____

Reception Entertainers: 2) _____

Telephone: _____ Price: _____

Musical Selections:

Bride & Groom's First Dance:: _____

Wedding Party Dance: _____

Couple / Parent's Dance: _____

Other Requests: _____

_____

_____

_____

_____

_____

_____

_____

_____

Photography

Studio Name: _____

Telephone: _____

Address: _____

Photographer's Name: _____

Price: _____

After marking your selections from the list below, make a copy of this checklist and take it to the photographer to discuss the photography plans. Be sure to specify which shots are posed, candid, in color or black & white.

before the ceremony

- ❒ Bride alone (in wedding gown)
- ❒ Bride with her mother
- ❒ Bride with her father
- ❒ Bride with both parents
- ❒ Bride with maid/matron of honor
- ❒ Bride with bridesmaids
- ❒ Bride fixing make-up/hair
- ❒ Attendants receiving flowers
- ❒ Parents receiving flowers
- ❒ Groom alone (in tuxedo)
- ❒ Groom with his mother
- ❒ Groom with his father
- ❒ Groom with both parents
- ❒ Groom with best man
- ❒ Groom with groomsmen
- ❒ Groomsmen getting boutonnieres
- ❒ Other _____
- ❒ Other _____

at the ceremony

- ❒ Guests outside of church
- ❒ Ushers escorting guests to seats
- ❒ Bride's mother being seated
- ❒ Groom's family being seated
- ❒ Bride and father entering church
- ❒ Groom and groomsmen at altar
- ❒ Attendants coming down aisle
- ❒ Bride and father coming down aisle
- ❒ Giving-away ceremony
- ❒ Altar during ceremony
- ❒ Bride and groom saying vows
- ❒ Ring ceremony
- ❒ Flower girl and ringbearer
- ❒ The kiss
- ❒ Bride and groom coming up aisle
- ❒ Bride and groom leaving church
- ❒ Bride and groom getting into car
- ❒ Bride and groom in decorated car
- ❒ Other _____
- ❒ Other _____

before the reception

- ❒ Bride and groom's hands
- ❒ Bridesmaids looking at bride's ring
- ❒ Bride and groom
- ❒ Bride with her parents
- ❒ Bride and groom with honor attendants
- ❒ Bride with bridesmaids
- ❒ Groom with groomsmen
- ❒ Bride and groom with wedding party
- ❒ Bride and groom with all parents
- ❒ Bride and groom with bride's family
- ❒ Bride and groom with groom's family
- ❒ Bride and groom looking at each other
- ❒ Other _____
- ❒ Other _____

At the Reception

Photography

- ❒ Bride and groom arriving
- ❒ Bride and groom going into reception
- ❒ Receiving line
- ❒ Bride and groom in receiving line
- ❒ Parents in receiving line
- ❒ Buffet table
- ❒ Cake
- ❒ Bride and groom seated at table
- ❒ Bride dancing with her father
- ❒ Groom dancing with his mother
- ❒ Bride and groom talking with guests
- ❒ Bride and groom cutting the cake
- ❒ Bride and groom feeding cake
- ❒ Bride and groom toasting
- ❒ Bride throwing bouquet
- ❒ Groom removing bride's garter
- ❒ Groom throwing garter
- ❒ Bride and groom dancing
- ❒ Decorations
- ❒ Other _____
- ❒ Other _____
- ❒ Other _____

Notes for the Photographer (Capture these moments / special people etc.): _____

Videography

Studio Name: _____

Telephone: _____

Address: _____

Videographer's Name: _____

Price: _____

❒ Rehearsal ❒ Pre-Ceremony ❒ Ceremony ❒ Reception

Videotape these Moments (ie., Bride & Groom's Dance, Cake Cutting, etc.): _____

_____

_____

_____

_____

_____

_____

_____

_____

_____

_____

_____

_____

_____

_____

Reception Restroom Basket

Pamper the guests with simple comforts by placing a decorative basket filled with items listed below in the restrooms at the reception. This thoughtful basket will not only add a decorative touch but also may come in very handy for guests suffering from a variety of little troubles that may keep them from enjoying the celebration.

Ladies Room

Tissues
Bobby Pins
Emergency Mini Sewing Kit (needle, thread, scissors)
Aspirin
Rolaids
Breath Mints
Band-Aids
Sanitary Napkins/ Tampons
Hand Lotion
Clear Nail Polish
Hair Spray
Body Spray

Men's Room

Tissues
Emergency Mini Sewing Kit (needle, thread, scissors)
Aspirin
Rolaids
Breath Mints
Band-Aids

The Decor

Flowers

Florist: _____

Telephone: _____

Address: _____

Salesperson: _____ Date: _____

Delivery Date / Time / Place: _____

Description (Bouquet Style, Colors, Flower Types): _____

_____

_____

	quantity	unit cost	total price
Bridal Bouquet			
Floral Headpiece			
Honor Attendant Bouquet			
Bridesmaid Bouquet			
Flower Girl Bouquet			
Floral Headpieces			
Boutonnieres			
Corsages			
Altar Pieces			
Aisle & Pew Decorations			
Foliage			
Rentals			
Cake Top			
Cake Table			
Reception Centerpiece(s)			
Rehearsal Dinner Centerpiece(s)			
Other			
Total Cost			

Balloons/Decorations

Decorator: _____

Salesperson: _____ Telephone: _____

Address: _____

Delivery Date / Time / Place: _____

Description (Colors, Style, Shape): _____

_____

Price: _____

Rentals

Store: 1) _____ Telephone: _____

Address: _____ Salesperson: _____

Items to Reserve for Ceremony / Reception: _____

_____

_____

Pickup/Delivery Date: _____ Time: _____

Return Date: _____ Time: _____

Deposit: _____ Cost: _____

Store: 2) _____ Telephone: _____

Address: _____ Salesperson: _____

Items to Reserve for Ceremony / Reception: _____

_____

_____

Pickup/Delivery Date: _____ Time: _____

Return Date: _____ Time: _____

Deposit: _____ Cost: _____

The Wedding Day

Ceremony Site

Site: _____

Address: _____

Phone:_____ Contact: _____

Officiant: _____

Date: _____

Ceremony Time: _____

Arrival Time: _____

Premarital Counseling Dates & Times: 1) _____

2) _____

3) _____

4) _____

Items to remember to bring to the ceremony site:

All clothing (if getting dressed on site) - gown, hosiery, shoes, veil etc.

All jewelry (bridal accessories, bridemaids accessories, wedding rings)

Unity candle (and lighter if necessary)

Guest book and pen

Programs or bulletins

Flowers (if not delivered by florist) including corsages, boutonnieres, decorations, bouquets, etc.

Ceremony decorations

Send-off items (birdseed favors, bubbles, doves, butterflies or balloons)

Other:_____

_____

_____

_____

_____

_____

_____

_____

_____

Your Personal Wedding Vows:

The Reception

Site: _____

Address: _____

Phone: _____ Contact: _____

Date: _____ Time: _____

Price: _____

Caterer: _____

Menu: _____

_____

_____

Beverages: _____

_____

Caterer will also provide: _____

_____

_____

Price: _____

Special Notes: _____

_____

_____

_____

_____

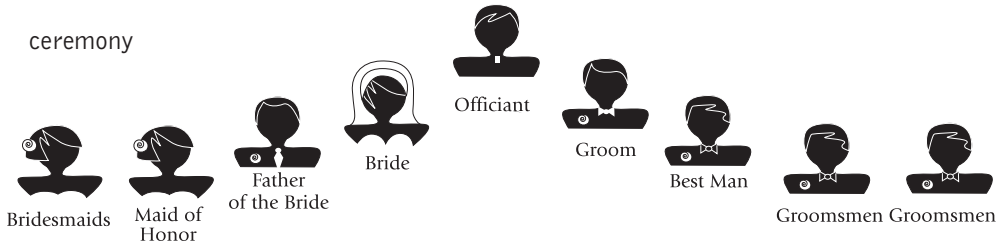
_____

Catering Tips

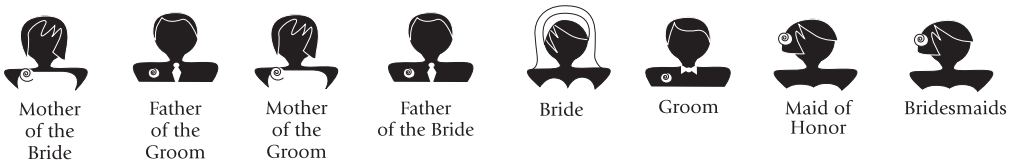
- Sample the food that will be served at your event.
- What's included? Utensils, plates, napkins, serving pieces, delivery and service etc.
- Who will serve the food? Who will clean up?
- Be sure there is enough serving space, electrical outlets and tables available at your location.
- Do you need to rent serving pieces or provide them? What items will need to be returned?
- If you pick up the food, is there refrigerator storage available at your location?
- Will the food be available for the entire reception?
- What will be done with any remaining food?
- Ask someone to oversee the caterers and bring storage containers for any extra food you may want to keep.

Traditional Line-ups

ceremony

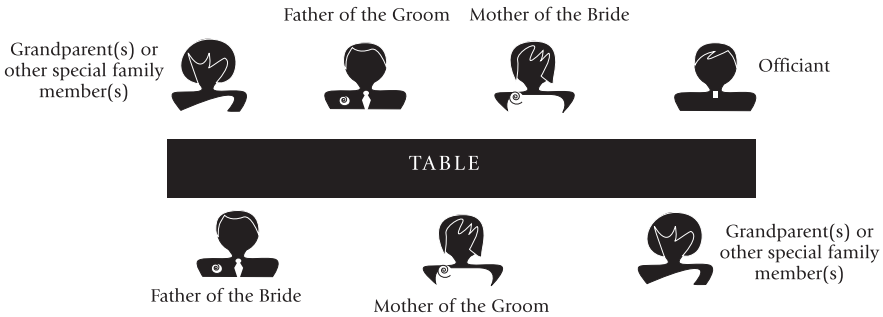


receiving line



head table (reception)

parents table (reception)



The Honeymoon

Travel Agency: _____

Address: _____

Phone: _____ Contact: _____

Destination: _____

Departure Date: _____

Return Date: _____

Travel Notes: _____

_____

_____

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Packing List:

- ❒ HER Casual Outfit (s) (shirts, pants, shorts, shoes) _____
- ❒ HIS Casual Outfit (s) (shirts, pants, shorts, shoes) _____
- ❒ HER Formal Outfit (s) (dress, shoes) _____
- ❒ HIS Formal Outfit (s) (shirts, pants, shoes) _____
- ❒ HER Underwear ❒ Hosiery / Socks ❒ Bras ❒ HIS Underwear
- ❒ Sleepwear ❒ Swimwear ❒ Coat / Jacket ❒ Hats
- ❒ Make-up / Skin Care ❒ Toothpaste ❒ Tooth Brushes ❒ Deodorants
- ❒ Hair Brushes / Combs / Barettes, etc. ❒ Shave Cream / Razors / Aftershave
- ❒ Shampoo / Contitioners / Other Hair Care ❒ Lotions / Sunscreen / Bug Repellant
- ❒ _____
- ❒ _____
- ❒ _____
- ❒ _____
- ❒ _____
- ❒ _____
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- ❒ _____
- ❒ _____

Marriage

After Every Wedding Comes a Marriage

by Florence Littauer

If any of us thought we were going to get divorced, we would not bother to get married. If we didn't plan on a long-range relationship, we wouldn't invest money in homes, furniture, dishes, crystal and silver. Yet statistics show that 50% of those getting married will end up divorced, suffering through the separation of themselves, their children and their possessions. Why does this happen and how can you prevent a similar fate in your marriage?

In the 20 years that Fred and I have been counseling people with marriage problems, we have developed some principles that may make a major change in your perspective.

We fall in love with opposite personalities. Although we seek companionship and compatibility, we usually choose to marry someone who is nothing like us.

We subconsciously select a person who fills in our weak areas, and when we do, the two of us fit together and become one. The one who loves to talk marries one who likes to listen. The one who likes to lead marries one who is willing to follow. Optimists marry pessimists, extroverts marry introverts.

We focus on our mates weaknesses. Once we come home from the honeymoon we begin to notice faults in the other person. She doesn't keep the house in perfect order or cook like mother. He's constantly giving instructions and isn't loving like father. We find that marriage isn't what we thought it would be, and that we don't agree on much of anything.

We decide to make our partner over. Once we realize we've married a person with totally different standards and opinions, we begin to remake our mate in our image. If only we could turn the person we have into what we'd like him to be, we could be happy. We want the fun-loving one to get serious and organized, the deep thoughtful one to lighten up, the aggressive worker to slow down, and the easy going one to speed up. We set about to change what we have into a new model.

We get discouraged. When we discover that our mate is resistant to change and doesn't get excited over our "partner-improvement program,'' we get discouraged and wonder if perhaps we've married the wrong person.

We need help. Fred and I, without knowing what we were doing, fell into this negative pattern. We thought being in love was enough and we spent no time looking ahead to possible problems. We had such a fantastic wedding that it was featured in LIFE, May 18, 1953, but neither of us realized that after every wedding comes a marriage. When we got home from the honeymoon Fred announced, "Now I'm going to put you on your training program.'' I was shocked to find that he didn't like me as I was but only as he hoped I might become. He showed me that I didn't walk or talk right and that I didn't even preheat the dinner plates. He tried to make me over. I resisted the transformation, and we both became discouraged.

After 15 years of a declining marriage, we discovered the concept of the "4 Basic Temperaments," and for the first time, had a tool to use in examining ourselves and accepting each other. We found help.

We can appreciate each others differences. Once I saw that I had been created as a Sanguine, an outgoing, fun-loving optimist, and that Fred was born a Melancholy, a deep, thoughtful, introspective introvert, I could understand that we had been attracted to each other's opposite strengths and discouraged by each others opposite weaknesses. Once we found out that we were naturally different and that one of us wasn't out to get the other, we began to accept each other as we were.

We can become one. Look over the following chart together and check off what characterizes you. Discuss your differences before getting married and realize that there is no perfect person. With every set of strengths come accompanying weaknesses, but when you two focus on your assets, you will fill each other's empty spaces.

SANGUINE: The Popular Person, The Born-entertainer, Likes parties, people and fun, Loves to talk, Wants to create excitement, Entertains everyone, Gets prize for best personality, Needs attention and approval, Has little organization or follow through, Gets Depressed when life's not fun, Controls by charm.

CHOLERIC: The Powerful Person, The Born-leader, Likes action and progress, Loves to work, Wants to motivate others, Directs everyone, Gets prize for most accomplishments, Needs obedience and appreciation, Has little tolerance for incompetence, Gets depressed when losing control, Controls by force.

PHLEGMATIC: The Peaceful Person, The Born-follower, Likes harmony and rest, Loves to relax, Wants to calm people down, Gets along with everyone, Gets prize for best liked, Needs peace and sense of worth, Has little self-motivation, Gets depressed over conflict, Controls by procrastination.

MELANCHOLY: The Perfect Person, The Born-thinker, Likes solitude and silence, Loves to plan, Wants to analyze everything, Sets standards for everyone, Gets prize for most intelligent, Needs support and sensitivity, Has little need for sociability, Gets depressed over imperfection, Controls by moods, Pessimistic, Introverted, Soft-Spoken, Drained by people.

Florence and Fred Littauer travel constantly and speak on marriage and personal relationships. Florence has written 15 books. For further study on the subject of understanding others, read, "After Every Wedding Comes A Marriage", "Personality Plus", or "Your Personality Tree".

Discovering your personality type can be an enlightening experience and an excellent way to improve marriage communication. Based on the knowledge of your spouse's strengths and weaknesses, your communication will become more meaningful, your understanding and acceptance of your spouse more complete. The following test will help you establish which temperament you are, sanguine, phlegmatic, melancholy, or choleric, as well as point out the characteristics of each type.

The following charts are created by Fred Littauer.

Personality Profile

DIRECTIONS: In each of the following rows of four words across, place an X in front of the one word that most often applies to you. Continue through all forty lines. Be sure each number is marked. If you are not sure of which word "most applies", ask your fiance, spouse or friend. Now transfer all your X's to the corresponding words on the following page and add up your totals. Then visit weddingplanner-andguide.com to discover the personality strengths and weaknesses of you and your spouse.

1	____ Adventurous	____ Adaptable	____ Animated	____ Analytical
2	____ Persistent	____ Playful	____ Persuasive	____ Peaceful
3	____ Submissive	____ Self-sacrificing	____ Sociable	____ Strong-willed
4	____ Considerate	____ Controlled	____ Competitive	____ Convincing
5	____ Refreshing	____ Respectful	____ Reserved	____ Resourceful
6	____ Satisfied	____ Sensitive	____ Self-reliant	____ Spirited
7	____ Planner	____ Patient	____ Positive	____ Promoter
8	____ Sure	____ Spontaneous	____ Scheduled	____ Shy
9	____ Orderly	____ Obliging	____ Outspoken	____ Optimistic
10	____ Friendly	____ Faithful	____ Funny	____ Forceful
11	____ Daring	____ Delightful	____ Diplomatic	____ Detailed
12	____ Cheerful	____ Consistent	____ Cultured	____ Confident
13	____ Idealistic	____ Independent	____ Inoffensive	____ Inspiring
14	____ Demonstrative	____ Decisive	____ Dry Humor	____ Deep
15	____ Mediator	____ Musical	____ Mover	____ Mixes Easily
16	____ Thoughtful	____ Tenacious	____ Talker	____ Tolerant
17	____ Listener	____ Loyal	____ Leader	____ Lively
18	____ Contented	____ Chief	____ Chartmaker	____ Cute
19	____ Perfectionist	____ Pleasant	____ Productive	____ Popular
20	____ Bouncy	____ Bold	____ Behaved	____ Balanced
21	____ Blank	____ Bashful	____ Brassy	____ Bossy
22	____ Undisciplined	____ Unsympathetic	____ Unenthusiastic	____ Unforgiving
23	____ Reticent	____ Resentful	____ Resistant	____ Repetitious
24	____ Fussy	____ Fearful	____ Forgetful	____ Frank
25	____ Impatient	____ Insecure	____ Indecisive	____ Interrupts
26	____ Unpopular	____ Uninvolved	____ Unpredictable	____ Unaffectionate
27	____ Headstrong	____ Haphazard	____ Hard to Please	____ Hesitant
28	____ Plain	____ Pessimistic	____ Proud	____ Permissive
29	____ Angered Easily	____ Aimless	____ Argumentative	____ Alienated
30	____ Naive	____ Negative Attitude	____ Nervy	____ Nonchalant
31	____ Worrier	____ Withdrawn	____ Workaholic	____ Wants Credit
32	____ Too Sensitive	____ Tactless	____ Timid	____ Talkative
33	____ Doubtful	____ Disorganized	____ Domineering	____ Depressed
34	____ Inconsistent	____ Introvert	____ Intolerant	____ Indifferent
35	____ Messy	____ Moody	____ Mumbles	____ Manipulative
36	____ Slow	____ Stubborn	____ Show-off	____ Skeptical
37	____ Loner	____ Lord-over-others	____ Lazy	____ Loud
38	____ Sluggish	____ Suspicious	____ Short-tempered	____ Scatterbrained
39	____ Revengeful	____ Restless	____ Reluctant	____ Rash
40	____ Compromising	____ Critical	____ Crafty	____ Changeable

Personality Scoring Sheet

Strengths

	SANGUINE POPULAR	CHOLERIC POWERFUL	MELANCHOLY PERFECT	PHLEGMATIC PEACEFUL
1	____ Animated	____ Adventurous	____ Analytical	____ Adaptable
2	____ Playful	____ Persuasive	____ Persistent	____ Peaceful
3	____ Sociable	____ Strong-willed	____ Self-sacrificing	____ Submissive
4	____ Convincing	____ Competitive	____ Considerate	____ Controlled
5	____ Refreshing	____ Resourceful	____ Respectful	____ Reserved
6	____ Spirited	____ Self-reliant	____ Sensitive	____ Satisfied
7	____ Promoter	____ Positive	____ Planner	____ Patient
8	____ Spontaneous	____ Sure	____ Scheduled	____ Shy
9	____ Optimistic	____ Outspoken	____ Orderly	____ Obliging
10	____ Funny	____ Forceful	____ Faithful	____ Friendly
11	____ Delightful	____ Daring	____ Detailed	____ Diplomatic
12	____ Cheerful	____ Confident	____ Cultured	____ Consistent
13	____ Inspiring	____ Independent	____ Idealistic	____ Inoffensive
14	____ Demonstrative	____ Decisive	____ Deep	____ Dry Humor
15	____ Mixes Easily	____ Mover	____ Musical	____ Mediator
16	____ Talker	____ Tenacious	____ Thoughtful	____ Tolerant
17	____ Lively	____ Leader	____ Loyal	____ Listener
18	____ Cute	____ Chief	____ Chartmaker	____ Contented
19	____ Popular	____ Productive	____ Perfectionist	____ Pleasant
20	____ Bouncy	____ Bold	____ Behaved	____ Balanced
	____ TOTALS	____ TOTALS	____ TOTALS	____ TOTALS

Weaknesses

	SANGUINE POPULAR	CHOLERIC POWERFUL	MELANCHOLY PERFECT	PHLEGMATIC PEACEFUL
21	____ Brassy	____ Bossy	____ Bashful	____ Blank
22	____ Undisciplined	____ Unsympathetic	____ Unforgiving	____ Unenthusiastic
23	____ Repetitious	____ Resistant	____ Resentful	____ Reticent
24	____ Forgetful	____ Frank	____ Fussy	____ Fearful
25	____ Interrupts	____ Impatient	____ Insecure	____ Indecisive
26	____ Unpredictable	____ Unaffectionate	____ Unpopular	____ Uninvolved
27	____ Haphazard	____ Headstrong	____ Hard-to-please	____ Hesitant
28	____ Permissive	____ Proud	____ Pessimistic	____ Plain
29	____ Angered Easily	____ Argumentative	____ Alienated	____ Aimless
30	____ Naive	____ Nervy	____ Negative Attitude	____ Nonchalant
31	____ Wants Credit	____ Workaholic	____ Withdrawn	____ Worrier
32	____ Talkative	____ Tactless	____ Too Sensitive	____ Timid
33	____ Disorganized	____ Domineering	____ Depressed	____ Doubtful
34	____ Inconsistent	____ Intolerant	____ Introvert	____ Indifferent
35	____ Messy	____ Manipulative	____ Moody	____ Mumbles
36	____ Show-off	____ Stubborn	____ Skeptical	____ Slow
37	____ Loud	____ Lord-over-others	____ Loner	____ Lazy
38	____ Scatterbrained	____ Short Tempered	____ Suspicious	____ Sluggish
39	____ Restless	____ Rash	____ Revengeful	____ Reluctant
40	____ Changeable	____ Crafty	____ Critical	____ Compromising
	____ TOTALS	____ TOTALS	____ TOTALS	____ TOTALS

COMBINED TOTALS:

____	____	____	____

Visit www.weddingplannerandguide.com for the Personality Meanings